

Sap Run 5K 2017
Knox Town Hall
Knox, NY

Results by White Knight Timing & Race Management

Age Groups

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Name                               Sex/Age City/State                               Time
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Overall Results Women 5000 Run
  1 Garcia, Susy                     W34 Rensselaer, NY                             23:07

Overall Results Men 5000 Run
  1 Stephenson, Mark                 M53 Esperance, NY                             19:22
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Women

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1-9 Results - Women 5000 Run
  1 Mosbey, Madison                   W8 Berne, NY                                  40:42

10-14 Results - Women 5000 Run
  1 Puzulis, Michelle                W13 East Berne, NY                           24:19
  2 Lefkaditis, Vasiliki             W14 Berne, NY                                28:38
  3 Lendrum, Elizabeth               W14 Berne, NY                                29:45
  4 Gorevich, Julia                  W10 Albany, NY                               36:50
  5 Afzali, Opal                     W11 Delanson, NY                            43:51

15-19 Results - Women 5000 Run
  1 McKeon, Julia                    W18 Albany, NY                               34:40

20-29 Results - Women 5000 Run
  1 Eistertz, Pam                    W24 Albany, NY                               27:25
  2 Degnan, Sarah                    W24 Slingerlands, NY                        28:03
  3 Castledine, Rachel               W20 Stillwater, NY                         29:30
  4 Van Vloodorp Taylor, Kri         W25 Deux-Montagnes, QC                    32:52
  5 Van Vloodorp Taylor, Kim         W22 Latham, NY                              33:05
  6 Chamberlain, Alena               W21 Schoharie, NY                          34:37
  7 Haynes, Jena                     W24 Central Bridge, NY                    35:59
  8 McKeon, Erin                     W26 Albany, NY                              36:27
  9 Ahmed, Ruhi                      W25 Albany, NY                              38:00
 10 Carpitella, Tessa                W26 Albany, NY                              40:52
 11 Cirigliano, Katherine            W28 Albany, NY                              55:17

30-39 Results - Women 5000 Run
  1 Taylor, Jillian                   W30 Albany, NY                               23:49
  2 Natalie, Christine               W31 Arlington, VT                          24:44
  3 Zuk, Laura                        W33 Melrose, NY                            25:13
  4 Carroll, Melissa                 W33 Albany, NY                             26:42
  5 Afzali, Mara                      W37 Delanson, NY                           26:57
  6 Quinn, Tracey                    W33 Delanason, NY                          27:03
  7 Wright, Amy                       W39 Berne, NY                              30:23
  8 Dutcher, Rene                    W33 Gloversville, NY                      30:55
  9 Cosselman, Elizabeth             W31 Gloversville, NY                      33:21
 10 Morris, Andrea                   W38 Gloversville, NY                      35:30
 11 Taylor, Maggie                    W30 Knox, NY                                40:09
 12 Mosbey, Melissa                  W33 Berne, NY                              40:46
 13 Calabrese, Sherri                W36 Feura Bush, NY                         42:00
 14 Spinnato, Nicole                 W30 Westerlo, NY                          45:22
 15 Norris, Christina                W33 Duanesburg, NY                        45:40
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16 McGovern, Tara	W36 Delanson, NY	45:40
17 Joy, Deidra	W37 Delanson, NY	45:41

40-49 Results - Women 5000 Run

1 Vogel, Sarah	W47 Slingerlands, NY	25:38
2 Sornberger, Kacey	W41 Albany, NY	25:54
3 Wilday, Sheila	W49 Sharon Springs, NY	27:40
4 Marcello Manning, Denise	W48 East Berne, NY	31:29
5 Carey, Rebecca	W40 Berne, NY	44:46
6 Torgersen, Jennifer	W40 Albany, NY	46:00
7 Bortis-Schultz, Simona	W43 Altamont, NY	46:37

50-59 Results - Women 5000 Run

1 Thomas, Alice	W54 Westerlo, NY	23:35
2 Cook, Anne	W53 Berne, NY	30:26
3 Travis, Suzanne	W57 Clifton Park, NY	31:50
4 O'Keefe, Jacqueline	W54 Berne, NY	32:00
5 Jorgensen, Stephanie	W51 East Greenbush, NY	33:15
6 Baldwin, Tracy	W50 Schoharie, NY	33:49
7 Powarzynski, Amy	W51 Westerlo, NY	38:18
8 Rosenblum, Adrienne	W54 Glenmont, NY	39:02

60-69 Results - Women 5000 Run

1 Marre, Valerie	W63 Albany, NY	34:45
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Men

1-9 Results - Men 5000 Run

1 Greenblatt, Matthew	M9 Selkirk, NY	43:27
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10-14 Results - Men 5000 Run

1 Lefkaditis, Stavros	M12 Berne, NY	23:50
2 Davis, Evan	M14 Newport, NY	26:08

15-19 Results - Men 5000 Run

1 Calabrese, Jared	M16 Feura Bush, NY	28:05
2 Dumas, Eric	M18 Salem, NY	29:31

20-29 Results - Men 5000 Run

1 White, Corey	M26 Albany, NY	37:59
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30-39 Results - Men 5000 Run

1 Gerard, Christopher	M38 Albany, NY	22:47
2 Manley, Christopher	M38 Worcester, NY	24:25
3 O'Shea, Patrick	M31 Albany, NY	25:39
4 Quinn, Jonathan	M38 Delanson, NY	26:26
5 Marshall, Dan	M36 Albany, NY	35:59

40-49 Results - Men 5000 Run

1 Szinger, Martin	M47 Westerlo, NY	22:25
2 Kearns, Brian	M45 Fultonville, NY	23:13
3 Miller, Rich	M46 Cobleskill, NY	23:16
4 Manning, Ethan	M40 East Berne, NY	26:47
5 Sawicz, Dave	M44 Clifton Park, NY	26:51
6 Kergel, Jeremy	M42 Glenville, NY	27:29

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7	McCarthy, John	M45 Albany, NY	27:48
8	Afzali, Javid	M40 Delanson, NY	34:12
9	Carey, Kevin	M43 Berne, NY	38:21
10	Gorevich, John	M42 Albany, NY	38:53
11	Greenblatt, Michael	M46 Selkirk, NY	43:28

50-59 Results - Men 5000 Run

1	Mercado, Sam	M54 Wilton, NY	20:48
2	Green, Ron	M58 Gloversville, NY	20:55
3	Davis, Lennie	M56 Newport, NY	21:51
4	Longhi, Gary	M53 Voorheesville, NY	22:20
5	Corrigan, Kevin	M53 Palenville, NY	24:59
6	Ellis, Ed	M56 Potsdam, NY	26:30
7	Bassler, Darren	M50 Altamont, NY	29:20
8	Taylor, James	M57 Deux-Montagnes, QC	30:52
9	Rosenblum, Jay	M55 Glenmont, NY	30:57
10	O'Keefe, Brian	M53 Berne, NY	32:30

60-69 Results - Men 5000 Run

1	Roy, David	M61 Schoharie, NY	21:33
2	Touhey, Martin	M64 Albany, NY	27:26
3	Swezey, Daniel	M62 Berne, NY	27:31

70-99 Results - Men 5000 Run

1	Ellis, Eugene	M73 Schenectady, NY	33:03
2	Ricketson, Bob	M71 Coxsackie, NY	42:39