

**SAP RUN 5K
KNOX TOWN HALL
KNOX, NY
SATURDAY, MARCH 17, 2018**

Results by White Knight Timing & Race Management

Revised

Age Groups

Name	Sex/Age	City/State	Time
Overall Results Women 5000 Run			
1 Versteegen, Meg	W39	Schenectady, NY	20:18
Overall Results Men 5000 Run			
1 Maynard, Holden	M18	Schenectady, NY	18:39

Women

15-19 Results			
1 Paolino, Julia	W15	Delmar, NY	28:32
20-29 Results			
1 Burroughs-Parks, Jane	W29	Hagaman, NY	26:25
2 Mettler, Ashley	W22	St. Johnsville, NY	29:35
3 Craig, Alyssa	W24	Fonda, NY	29:36
4 Clough, Allana	W24	Fonda, NY	29:41
5 Craig, Allison	W24	Fonda, NY	29:55
6 Thorington, Shauna	W21	Warnerville, NY	30:04
7 Galli, Brianne	W29	Albany, NY	30:29
8 Van Vloodorp Taylor, Kim	W23	Latham, NY	30:42
9 Van Vloodorp Taylor, Kri	W26	Laval, QC	30:59
10 Siddique, Marissa	W27	Gansevoort, NY	31:28
11 McGahay, Mary	W23	Troy, NY	34:10
12 Jacobs, Abigail	W27	Amsterdam, NY	36:53
13 Boolukas, Stephanie	W24	Cobleskill, NY	40:23
14 Giordano, Rebecca	W24	Knox, NY	43:05
30-39 Results			
1 Nava, Jill	W34	Delanson, NY	21:55
2 Garcia-Romero, Susy	W35	Rensselaer, NY	24:23
3 Natalie, Christine	W32	Arlington, VT	25:00
4 Grimm, Raelee	W36	Albany, NY	27:42
5 Zaloga, Jessica	W36	Watervliet, NY	28:28
6 Pendergast, Sarah	W36	Delmar, NY	28:43
7 Eckler, Nicole	W34	Little Falls, NY	29:37
8 Wilson, Megan	W34	Watervliet, NY	29:38
9 Kergel, Amanda	W35	Glenville, NY	36:04
10 Rogers, Nicolette	W30	Slingerlands, NY	36:39
11 Thirunellayl, Priyadarsh	W39	Albany, NY	38:29
12 Palow, Carrie	W36	Berne, NY	38:48
13 Faustel, Melissa	W33	Slingerlands, NY	43:33
40-49 Results			
1 Wagner, Victoria	W43	Altamont, NY	25:21
2 Russell, Gayle	W47	Rhinebeck, NY	25:53
3 Quere, Sandrine	W45	Deux-Montagnes, QC	38:11
4 Soden, Tina	W42	Schenectady, NY	43:32
5 Torgersen, Jennifer	W41	Albany, NY	49:12
6 Stark, Sarah	W42	Westerlo, NY	53:16

7 Collins, Kim	W43 East Berne, NY	53:17
50-59 Results		
1 Lamphere, Ranella	W52 Canajoharie, NY	31:19
2 Abdou-Malta, Renee	W54 Feura Bush, NY	32:06
3 Cook, Anne	W54 Berne, NY	32:12
4 Burroughs, Laura	W53 Amsterdam, NY	33:01
5 Baldwin, Tracy	W51 Schoharie, NY	38:19
6 Henson, Kathryn	W58 East Greenbush, NY	38:30
7 Chauvot, Elizabeth	W56 Berne, NY	38:47
8 Coryell, Barbara	W51 Ravena, NY	39:10
60-69 Results		
1 Lustenhouwer, Donna	W64 Altamont, NY	31:30
2 Milstein, Susan	W62 Menands, NY	34:08
3 Marre, Valerie	W64 Albany, NY	35:44
4 Galli, Karen	W62 Amherst, NY	37:56
5 Hein, Gail	W66 Altamont, NY	38:25
6 Carpenter, Alice	W67 Delmar, NY	40:40
7 Ogaard, Lydia	W66 Berne, NY	51:52
70-99 Results		
1 Johnston, Nancy	W72 Ballston Lake, NY	47:51

Men

15-19 Results		
1 Lasher, Daron	M18 East Durham, NY	20:25
2 Farley, Joseph	M18 Albany, NY	22:42
3 Poeth Jr, Dean	M17 Glenville, NY	25:44
20-29 Results		
1 Murray, Brandon	M24 Troy, NY	22:19
30-39 Results		
1 Manley, Christopher	M39 Worcester, NY	26:15
2 Mayer, Andrew	M32 Ghent, NY	26:21
3 Ciske, Matthew	M39 Albany, NY	29:24
4 Charles, Steven	M33 Albany, NY	29:51
5 Wilson, Nathan	M35 Watervliet, NY	30:17
6 Paiko, Jason	M30 Albany, NY	43:05
7 Yetto, William	M30 Mechanicville, NY	46:01
40-49 Results		
1 Lansing, Mark	M41 Niskayuna, NY	22:06
2 Maynard, Steve	M42 Schenectady, NY	22:41
3 Miller, Rich	M47 Cobleskill, NY	25:02
4 McCarthy, John	M46 Albany, NY	27:50
5 Segrue, Sean	M49 Altamont, NY	31:29
6 Kergel, Jeremy	M43 Glenville, NY	36:03
7 Weaver, Christopher	M47 Niskayuna, NY	36:37
8 Raman, Sundar	M45 Altamont, NY	41:05
50-59 Results		
1 Lippert, Tim	M57 Berne, NY	24:50
2 Corrigan, Kevin	M54 Palenville, NY	25:55
3 Burroughs, James	M55 Amsterdam, NY	28:26
4 Taylor, James	M58 Deux-Montagnes, QC	31:35
5 Poeth Sr, Dean	M57 Glenville, NY	32:36
6 Gossman, Bob	M57 Greenville, NY	45:38
60-69 Results		
1 Vavasour, John	M69 Albany, NY	43:24