

**Sap Run 5K - 3/23/2019**  
**Knox Town Hall, Rt. 156, Knox, NY**  
**Rankings**

**Mixed 1-99 5k Run RR**

Comp#	Name	Team	Time	Points
1	3082 Machabee, Keith	M22 Delmar, NY	17:37	
2	220 Walker, Ryan	M34 Altamont, NY	23:19	
3	1387 Carlsen, Zian	M20 South Cairo, NY	23:34	
4	1084 Wagner, Victoria	W45 Altamont, NY	24:42	
5	1379 Angus, William	M15 Altamont, NY	24:43	
6	1400 Gerard, Christopher	M40 Albany, NY	24:44	
7	3083 Manley, Christopher	M40 Worcester, NY	24:59	
8	1092 Ellis, Ed	M58 Hannacroix, NY	25:17	
9	222 Longhi, Gary	M55 Albany, NY	26:16	
10	3069 Jonas, Brian	M31 Berne, NY	26:26	
11	1378 Angus, Andrew	M45 Altamont, NY	26:45	
12	216 Lippert, Tim	M58 Berne, NY	27:33	
13	1385 Briody, James	M18 Cairo, NY	27:54	
14	3085 McCarthy, John	M47 Albany, NY	28:09	
15	208 Bajouwa, Haytham	M54 Berne, NY	28:24	
16	225 Joyce, Amy	W50 Delmar, NY	28:48	
17	226 Joyce, Andrew	M37 Albany, NY	28:48	
18	219 O'Donnell, Jarrett	M44 Delanson, NY	29:06	
19	3079 Lamphere, Dale	M57 Canajoharie, NY	29:18	
20	3092 Peters, Melinda	W47 Roxbury, NY	29:28	
21	5386 Stein, Fletcher	M11 Rexford, NY	29:42	
22	1389 Charles, Steven	M34 Albany, NY	29:44	
23	215 Korn, Roy	M62 Middleburgh, NY	29:57	
24	1392 Corney, Claire	W47 Westerlo, NY	30:02	
25	1393 Cowan, Zachary	M30 Altamont, NY	30:12	
26	1091 Darling, Kendal	W23 Roxbury, NY	30:18	
27	3084 O'Brien, Matthew	M30 East Berne, NY	30:25	
28	3071 Keator, Karli	W39 Medusa, NY	30:45	
29	1380 Ashe, Charles	M53 East Meredith, NY	30:51	
30	1095 Baldwin, Sara	M32 Albany, NY	30:54	
31	3097 Segrue, Sean	M50 Altamont, NY	31:02	
32	3073 Kergel, Jeremy	M44 Glenville, NY	31:08	
33	3072 Kergel, Amanda	W36 Glenville, NY	31:09	
34	210 de Vries, Amber	W40 Schoharie, NY	31:12	
35	5385 Stein, Devon	W48 Rexford, NY	31:14	
36	3086 McCoski, Kelli	W58 Amsterdam, NY	31:26	
37	3064 Havlik, Mary	W35 Springfield Center, NY	31:34	
38	3063 Havlik, Andrew	M36 Springfield Center, NY	31:35	
39	3080 Lamphere, Randie	W53 Canajoharie, NY	31:43	
40	1391 Cook, Anne	W55 Berne, NY	31:55	
41	3089 Norris, Christina	W35 Duaneburg, NY	32:47	
42	217 Bruno, Jessica	W42 Jacksonville, VT	33:45	
43	3094 Powarczynski, Amy	W53 Westerlo, NY	34:21	
44	1085 Wolfe, Monica	W45 Richfield Springs, NY	34:27	
45	224 Mackesey, Tim	M62 Altamont, NY	35:12	
46	223 Mackesey, Mindy	W55 Altamont, NY	35:12	
47	1386 Calabrese, Sherri	W38 Feura Bush, NY	36:05	
48	1088 Barre, Ric	M70 Troy, NY	36:41	
49	218 Gabriel, Tony	M34 Lake Peekskill, NY	36:45	
50	3076 Klahr, Danielle	W42 Albany, NY	36:51	
51	1381 Baldwin, Tracy	W52 Schoharie, NY	36:52	
52	1094 Lorman, Lisa	W55 Amsterdam, NY	37:40	
53	1100 Peleggi, Larry	M61 Colonie, NY	37:50	
54	1384 Bradley, Valerie	W31 Albany, NY	38:48	

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55	1081	Vermilyea, Christine	W48	Schenectady, NY	39:07
56	1082	Vermilyea, John	M57	Schenectady, NY	39:24
57	221	Hawkes-Teeter, Susan	W67	Berne, NY	40:47
58	1097	Lee, Ray	M77	Halfmoon, NY	42:31
59	1388	Carpenter, Alice	W68	Delmar, NY	43:18
60	207	Vavasour, John	M70	Albany, NY	43:23
61	3070	Jonas, Cassandra	W32	Berne, NY	47:10
62	3068	Johnston, Nancy	W73	Ballston Lake, NY	47:59
63	5391	Vermilyea, Audrey	W16	Schenectady, NY	48:06
64	3090	Ogaard, Lydia	W67	Berne, NY	52:01
65	209	Calleri, Rebecca	W37	Schenectady, NY	52:26
66	213	Thomas, Frankie	W6	Averill Park, NY	1:01:23